

## Capturing hearts and minds through implementing SEAL (Social and Emotional Aspects of Learning)

Implementing the SEAL programme has improved behaviour, attitudes to learning and self esteem in pilot schools. Find out about how it can transform your school and create the clear framework for values across all aspects of school life.

### Objectives

- At the end of the course participants will be able to:
- ✓ Know what the SEAL programme is and how to use it in your school context.
  - ✓ Find out how to create more emotionally intelligent staff and students
  - ✓ Link SEAL to a competency based approach for KS3
  - ✓ See examples of materials and resources to use back at school
  - ✓ Develop an action plan for moving your school forward and implementing SEAL

### Draft course outline

This may change depending on experience of delegates

|       |   |
|-------|---|
| 09:30 | Welcome, refreshments and registration  |
| 09:45 | Exploring the needs of 21 <sup>st</sup> century learners                        |
|       | Why the SEAL programme is need and how it works                                 |
| 11:15 | Staff need SEAL too! Measuring and developing social and emotional intelligence |
|       | Showing progress in developing emotional intelligence                           |
| 12:30 | Lunch   |
| 13:30 | Learning to learn as part of your SEAL package – the 5 Rs                       |
|       | The impact on teachers and teaching   |
| 15:00 | Action Planning for the future  |
|       | Completing individual action plans  |
| 16:00 | Close   |

### Tutor

#### Jackie Beere OBE

School Improvement Partner, former Headteacher and AST, Jackie has worked for ten years transforming learning and implementing learning to learn in school settings. She has written several books and articles, the latest being 'The Learners Toolkit' which is a book of over 50 practical lessons in developing students as effective learners.

