

NATURE SCAVENGER HUNT

The benefits...

Outdoor play is an important part of every child (and adult's) life. It keeps children active, healthy and happy and helps them make new friends, learn new skills, improve their self-confidence - and above all, have fun.



How to...

You don't have to live in the countryside to enjoy a nature scavenger hunt. Why not use your back garden, the local park, or beach. Using the suggested items below, create a list of scavenger items for each child.

Depending on the number of items on your list, allow enough time for them to gather all of the items. Don't forget to provide each child with a bag to collect their items in.

You you will need...

- A plastic bag for each child
- A list of items for each child

SUGGESTED SCAVENGER HUNT ITEMS...

- 1 2 different types of grass
- 2 Leaves from 3 different trees
- 3 Large rock
- 4 Moss
- 5 3 different coloured smooth stones
- 6 Berry
- 7 Pine cone
- 8 Something plastic (explain how it doesn't belong in nature)
- 9 Nut or acorn
- 10 Flower
- 11 Something red
- 12 Feather
- 13 Seeds
- 14 Wood
- 15 Metal (explain how it doesn't belong in nature)
- 16 Something that makes a noise
- 17 Something that begins with the first letter of your name
- 18 Something shiny
- 19 Something white
- 20 Something soft

Safety... An adult should supervise young children as berries can be poisonous and metal can be sharp.

TIPS

- Provide a small reward (non-sugar based!!) for the first person to collect all of the items, and for the other children participating in the hunt.
- Mix younger children with older ones if you think they will struggle
- Back at home, organise an art activity using the items found.
- If the weather is good, organise a picnic
- You could use a version of this activity in the supermarket – give each child a list of items to find (a good way to get kids to recognise fruit and veg)